

Choosing Success as New Adults



10

THINGS

you must give up to
move forward

by Marc

#1

Letting the opinions of others control your life.

- ◆ It's not what others think, it's what you think about yourself that counts.
- ◆ You have to do exactly what's best for you and your life, not what's best for everyone else.

#2

The shame of past failures

- ◆ Your past does not equal your future.
- ◆ All that matters is what you do right now.

#3

Being indecisive about what you want

- ◆ You will never leave where you are until you decide where you would rather be.
- ◆ Make a decision to figure out what you want, and then pursue it passionately.

#4

Procrastinating on the goals that matter to you

- ◆ There are two primary choices in life: to accept conditions as they exist, or accept the responsibility for changing them.
- ◆ The best time to plant a tree is twenty years ago. The second best time is now.

#5

Choosing to do nothing

- ◆ You don't get to choose how you are going to die, or when.
- ◆ You can only decide how you are going to live, right now.
- ◆ Every day is a new chance to choose.

#6

Your need to be right

- ◆ Aim for success, but never give up your right to be wrong.
- ◆ Because when you do, you will also lose your ability to learn new things and move forward with your life.

#7

Running from problems that should be fixed

- ◆ Stop running!
- ◆ Face these issues, fix the problems, communicate, appreciate, forgive and LOVE the people in your life who deserve it.

#8

Making excuses rather than decisions

- ◆ Most long-term failures are the outcome of people who make excuses instead of decisions.

#9

Overlooking the positive points in your life

- ◆ What you see often depends entirely on what you're looking for.
- ◆ You will have a hard time ever being happy if you aren't thankful for the good things in your life right now.

#10

Not appreciating the present moment

- ◆ Too often we try to accomplish something big without realizing that the greatest part of life is made up of the little things.

My Priorities:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

Some Suggestions

- Family
- Friends
- Money
- Religion
- Car
- Boyfriend/Girlfriend
- Personal Time
- Sports
- Entertainment
- Partying
- College/Career
- Travel
- Freedom
- Volunteer Work
- Good Grades



BEST REASONS TO STAY IN OR RETURN TO NE OHIO

- 1) Cleveland area is the 5th best place to look for a job. ([Monster.com](#))
- 2) Cleveland and Akron are both one of 20 most affordable cities. ([Forbes.com](#))
- 3) 7th best city for people in their 20s. ([Greatist.com](#))
- 4) 2nd best city for recent college graduates. ([Huffington post](#))
- 5) CLEVELAND RANKED AS THE CITY LEAST LIKELY TO BE AFFECTED BY CLIMATE CHANGE.
([THE NATURE CONSERVANCY](#))
- 6) Great things to do:

- 
- 12th largest freshwater lake in the world
 - Cuyahoga Valley National Park among the 10 most popular national parks in the country
 - Best amusement park in the world (has held #1 spot for 15 years)
 - Largest indoor water park in the world
 - Ranked as an "up and coming bike city" (plus towpath, metroparks, and indoor mountain bike park)
 - 3 pro sports teams, minor league teams, hockey, etc.

7) FOOD SCENE - OUR OWN "IRON CHEF", FAMOUS RESTAURANTS, WEST SIDE MARKET, ETC.

8) WORLD-RENOWNED ARTS AND MUSIC

9) Transportation - easy commutes, good, award-winning public transportation, 2 major airports

My Finances

Where Will My Money Go?

1. Separate _____ from _____

2. Do NOT go into _____ any more than you need to _____

If you go out and just "get a job", here is how your monthly budget might look:

Work 10 hrs a week x \$8.00/hr = \$320/week x 4 weeks =

Now, let's check out our monthly expenses..

Monthly Income = \$1,280.00

Taxes	- \$380
Rent	- \$500
Utilities	- \$200
Car Payment	- \$200
Car Insurance	- \$100
Gas	- \$100

Subtotal = (-\$200.00)* —You're already over budget!

Phone	_____
Internet	_____
Clothes	_____
School/Books	_____
Food	_____
Travel	_____

TOTAL = _____



"If you live like a big shot now, you'll end up living like a poor student later. If you are willing to live like a poor student now, you can live like a big shot later."

Earn College Credits



While You're in High School

Great programs at Lorain County Community College for Academically Advanced and Talented High School Students.

Ohio Post-Secondary Enrollment Options B

- Get Both High School And College Credit for FREE

LCCC Credit In Escrow

- Earn College Credit NOW That You Can Use Later



"Before I decided to train to be a paramedic, I was a PSEO student. I really enjoyed the people here, and being able to attend college while still in high school."

– Mary Bodmann, Oberlin

2009 Firelands High School graduate

For more information, call 440-366-7740
or visit www.lorainccc.edu/pseo

MY SCHEDULE

(WHERE DOES ALL THE TIME GO??)

LIFE TIPS:

1. Set _____ alarms.
2. Make use of study time _____
_____.
3. Find ways to save time.
Consider _____ classes.



EXAMPLE:

Hours In A Week = _____

Sleep - _____

Eat - _____

Classes or work - _____

Commute - _____

Fun/Hobbies - _____

Study/Homework - _____

Hours Left Over = _____

- Hours Spent _____

MAY

4 Monday

2009

7 Thursday

THINGS YOU NEED TO DO BEFORE GRADUATION

- ✓ 1) Stay Committed and take care of any issues that would keep you from graduating. Don't assume that you can finish things up over the summer - you know you probably won't!
- ✓ 2) Get your driver's license. Trying to do anything in life is a pain without it.
- ✓ 3) Open a checking account with an ATM card (PNC Bank's "Digital Wallet" can be very helpful). If you need to have a parent's name on it, that's okay, but make sure that you are the primary account holder.
- ✓ 4) Make sure that your resume is up to date, and that you have paper and online copies that are ready to be sent out. This applies whether you are looking for a job or going to college or the military. You will need it for internships, promotions, etc. so you might as well have it ready now.
- ✓ 5) Delete any negative online pictures, posts, tags, etc. Google yourself and look at the results as well as Google images. Check your privacy settings.
- ✓ 6) Try to buy your name as a domain name (ie., marysmith.com) or at least create a professional sounding email that you use for professional purposes (instead of "partygirl2013@hotmail", use "marysmith@gmail").
- ✓ 7) Create a LinkedIn profile (www.linkedin.com) and connect with as many people as you can. Make sure to post your immediate plans after graduation and what you are ultimately hoping to do. LinkedIn is the "Facebook" for professionals - sort of an online business card - and you don't need to post all the time.
- ✓ 8) Make sure that wherever you are going for further training has all of the information they need, and ask them (and do research) for any further scholarships. Many times scholarships go unused, or students they were awarded to choose to go to another school, and you might be able to pick up some more money just by asking.
- ✓ 9) Have a conversation with your parents (schedule a time alone with them when you can get their full attention). Talk about the changes and expectations, whether you are staying home or moving out. They may assume that you will still want your Spiderman sheets on your bed, that you'll have a midnight curfew, and start paying rent. Your plans may be to just crash at their house for a few hours after partying all night, and to use their garage as a studio for your band. Better to have those discussions now and work out some compromises - yes, you are a legal adult, but it's still THEIR house!
- ✓ 10) Find a way to stay organized and on time. Practice waking yourself up in the morning if you've relied on mom to do it up till now. Your boss or professor won't call you if you sleep in and, if they do, it won't be good.

TRUE LIFE STORIES



"I chose to major in Business Administration at Cleveland State because it is a degree that makes you very

marketable to employers. I am now in banking, and I enjoy it because I am helping clients eliminate debt and save significant money on their mortgages".

- Nate P., Strongsville, Ohio



"I went to college in New Jersey, without ever leaving Cleveland! How? After doing TONS of

online research, I earned a "four-year" college degree online in under four years, for \$15,000 or less (yes, that includes the textbooks). Want to learn more? Visit thenontraditionalcollegestudent.info."

- Elizabeth "Libby" Hancock, author of *The Nontraditional College Student*



"I always recommend the community college route! Right out of high school I started attending LCCC. I took one year of prerequisite classes and then two years of nursing classes. Once I graduated I was making \$20-\$22 an hour. I found a part-time job as a nurse and immediately started taking classes for my BSN and then once I had that I went for my Masters Degree. I was able to pay my way and also the school helped out. Talk about a deal! I was truly blessed throughout all my higher education - after 7 years of school, I graduated debt free...with a job that pays \$80-\$100k a year. My sister started off at Cuyahoga Community College and is obtaining her Associate Degree in Nursing

there. She has worked at Parma Hospital for a year and they are paying for her two years of nursing school. So, essentially, she only had to pay for a year of prerequisite classes and also will have an Associate Degree in Nursing DEBT FREE! RN starting salaries are now roughly starting at \$25/hr".

- Rachel P., Strongsville, Ohio



"As for an internship, I believe that it is the single most important thing I have done in the

past 4 years, especially since I am pursuing a "technical" degree. College is a way to teach people how to approach a problem, where as an internship is the best way to put your problem solving skills into practical applications. At the same time you get to interview the company and decide if that career is something you are interested in pursuing for the next 30 years of your life".

- Ricky B. Columbus, Ohio



"I was a motivated entrepreneur, already starting several businesses before college; however the experience—like

many others—does allow one to expand their network and build meaningful relationships. I also did a Semester at Sea... those sorts of experiences are of great benefit. I learned more there than all of my semesters of college"

- Keith S., Kent, Ohio

WEB RESOURCES



**Lorain County
Community College**

www.lorainccc.edu/future

Auburn Career Center adult programs

<http://www.auburnccc.org>

Cuyahoga Valley Career Center adult programs

www.adulted.cvcoworks.com

Carpenter's Apprenticeship Program

www.ohcap.org

Lorain County JVS adult programs:

<http://www.lcjvs.com/adult/about.shtml>

Trumbull, Mahoning, Columbiana counties:

www.onesstopohio.org

Medina Career Center

<http://www.mcjvs.edu/ul/>

BRANDING AND NETWORKING IN NE OHIO

www.linkedin.com

<http://theciviccommons.com/>

<http://www.cleveland.com/youngprofessionals/groups/>

<http://cleveland2030.org/>

BUSINESS RESOURCES IN NE OHIO

Entrepreneurship

www.lorainccc.edu/launchpad

<http://www.jumpstartinc.org/>

<http://launchhouse.com/>

<http://www.ericabiz/>

College and Career Planning

<http://www.myfuture.com/>

<http://www.noche.org/>

<http://www.martynemiko.com/articles>

<http://www.fafsa.ed.gov/>

<http://www.princetonreview.com/>

Internships

<http://www.noche.org/ineointern>

Great weekly e-newsletter and website

about cool events and places www.coolcleveland.com

MORE INFORMATIONAL SITES

<http://www.clevelandplus.com/livinghere/>

<http://www.positivelycleveland.com/>

WEBSITES OF FUN PLACES TO VISIT

<http://www.akronartmuseum.org/>

<http://www.clevelandart.org/>

<http://www.mocacleveland.org/>

<http://www.clevelandorchestra.com/>

<http://rockhall.com/>

<http://www.playhousesquare.org>

<http://www.nps.gov/cuva/index.htm>

<http://www.clemetparks.com/>

<http://www.ohiocanal.org/>

<http://www.cedarpoint.com/>

<http://www.lakeerie monsters.com/>

<http://www.profootballhof.com/>

<http://lakecounty.captains.mlb.com>

FINANCIAL PLANNING HELP

<http://www.finishrich.com/>

JOB SEEKERS WEBSITES

<http://www.cuyahoga.lib.oh.us/careerexpert.aspx>

www.cuyahogaworks.org

www.monster.com

www.careerbuilder.com

<http://www.jobhuntersbible.com>

NE OHIO NEWS

www.coolcleveland.com

www.craigslistcleveland.com

<http://www.clevelandmagazine.com>

www.thebeaconjournal.com

www.cleveland.com

<http://www.clevescene.com/>

<http://www.lakeviewliving.com>

What Did You Think?

How helpful was this information? (circle one) 1 2 3 4 5 6 7 8 9 10
Not Slightly Very

How well did the speaker present this information?
(circle one) 1 2 3 4 5 6 7 8 9 10
Fail Okay Great

What I liked BEST: Opening Story Who You Are What You Want To Do

Finding Training Training Options Real Life Stories

What I liked LEAST: Opening Story Who You Are What You Want To Do

Finding Training Training Options Real Life Stories

PLEASE PRINT NEATLY!

First Name: _____

Last Name: _____

Email: _____

Address: _____

Apt #: _____ City: _____ State: _____ Zip: _____

Phone: (____) _____ Cell Phone: (____) _____

Date of Birth: ____/____/____ Gender: Male Female

I am a: Freshman Sophomore Junior Senior Educator

My current GPA (approx): _____ A=4 B=3 C=2 D=1

List 3 areas you are considering majoring or working in:

1. _____ 2. _____

3. _____

Are you interested in taking college courses while still in high school? (Dual enrollment)

Yes No

Would you like to visit LCCC and the University Partnership?

Yes No

Would you be interested in shadowing a current LCCC student?

Yes No

Would you be interested in receiving information about Joint Vocational Programs?

Yes No

What activities would you like to participate in while in college?

Would you like to see more career exploration activities available for high school students?

If so, what would help you explore careers?

(Continue at the next page)

If you would like more information about careers, college, and training opportunities, please fill out the questions below:

What are you currently planning on doing after high school graduation? (choose one)

I have made a final decision to attend a community college.

College name: _____

I have made a final decision to attend a 4 year college

College name: _____

I am planning to work full-time Industry (if known): _____

I am planning on getting other training

Where? (if known): _____

I am entering the military

Which branch? _____

I am undecided.

Please choose two areas that BEST describe your intended major or career path:

Accounting Education Architecture Engineering

English/foreign Art/animation Language Auto/truck repair

Entrepreneurship Biology Fashion design Business

Finance/banking Carpentry Graphic design

Heating/cooling/plumbing Chemistry Computer/electronics

Law enforcement Mathematics/statistics Communications

Cosmetology Culinary/chef Military Nursing

Performing arts Physics Political Science/government

Pre-law Premed/vet/dentistry Real estate Religion/ministry

Sales and marketing Social sciences (Psychology, sociology)

Transportation Websites/internet services Undecided

OTHER: _____

I am interested in: Online courses Earning an online degree

Which of the following types of information would you like to receive?

College information Financial aid Mentoring Career/job openings

Opportunities for minority students Study skills ACT/SAT test prep

Scholarships Apprenticeships

Privacy statement: This is a voluntary survey and research form and is designed to improve the program as well as provide you with valuable information regarding local colleges, careers, training programs, scholarships, financial aid, enrichment programs, military opportunities, entrepreneurial opportunities, and extracurricular/recreational activities in Northeast Ohio. This information is shared only with our program partners and is intended by us for those uses. We do not share, sell or rent our lists or information to third parties. At our discretion we may choose to share aggregate demographic information that does not contain or identify individuals or their specific responses.